

We are a Trafford based charity that supports families and individuals across Greater Manchester who has a relative in prison.

A summary of the support we offer includes:-

         A listening ear

         Help in maintaining contact with prisoner

         Liaising with prisons

         Escort to prison visits

         Attend meetings/appointments with families

         Support groups for adults and children

         Events – Wellbeing days, family days, family forums, relaxation sessions and workshops.

         Telephone support

         One to one support for children in school

         Referrals and signposting to other support services

         Financial support in times of hardship and one-off costs

         Practical and emotional support

Families and individuals can choose how much or little they want to engage with the support, some clients just give us a ring every now and again and others really get a lot from interacting and engaging in everything, and really benefit from meeting others in a non-judgemental environment. The list above is not exhaustive as we tailor the support to the family’s needs and requirements.

For more information or to make a referral please ring 0161 232 8986 and talk to one of our friendly team.

**Website:** [**www.outtherecharity.org**](http://www.outtherecharity.org/)

**Email:** **info@outtherecharity.org**

**Facebook: @OutTheresfop**

**Twitter: @OutThereFamily**